

## Roxbury Township Coronavirus (COVID-19) Report

The **Roxbury Township Health Department**, in conjunction with NJ Department of Health (NJDOH) and Morris County Office of Health Management confirms the following Coronavirus information:

<b>Roxbury Township</b>	<b>6 cases</b>	age range 28yrs - 66yrs
<b>Morris County</b>	<b>223 cases</b>	
<b>New Jersey</b>	<b>4402 cases</b>	

All close contacts related to Roxbury cases have been reached and were asked to self-quarantine for 14 days as per NJ DOH guidelines.

Currently, there is no vaccination for COVID-19. The **Roxbury Township Health Department** is encouraging all residents to take simple precautions to protect themselves and others from respiratory illness:

- Stay home if you are sick.
- Limit close contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Avoid handshakes. Try an elbow bump.
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Clean and disinfect frequently touched objects and surfaces.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have a tissue, use your sleeve (not your hand).
- Get a flu shot to prevent the flu if you have not done so this season.

While the risk of infection to the general public remains low, should a person start showing symptoms of COVID-19, which include fever, cough and shortness of breath, residents must contact their healthcare provider. Even though the risk is low, Mark Caputo, Health Officer for the **Roxbury Township Health Department** explains “People who have these symptoms should contact their healthcare provider prior to visiting the hospital or a healthcare setting.”

For more information on COVID-19, visit:

The New Jersey Department of Health website  
<https://www.nj.gov/health/cd/topics/ncov.shtml>

Centers for Disease Control and Prevention  
<https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>