

TRI HARDER

Kids Triathlon Series



Continuing in

ROXBURY

Thursday, July 6,

2023

(Rain Date — Tuesday, July 11, 2023)

Tri Harder Kids Triathlon Horseshoe Lake Complex

72 Eyland Ave, Succasunna

- \$10 per child. All children must be accompanied by a parent or guardian.
- Must be pre-registered to participate.
- Register online at <https://register.communitypass.net/roxbury>.
- Sign in at 5:15pm at the beach; event begins at 6:00pm.
- Wear swim suit and sunscreen; bring goggles, towel, socks, sneakers, bike, helmet, and hand towel to clean feet after swim. Ages 4-6 may wear swimming aids.
- Participation medals to all, no individual awards.
- Times are not certified - this is a recreational event.

Age Groups	Swim	Bike	Run
4-6	25 yds	1/2 mile	1/4 mile
7-8	25 yds	1 mile	1/2 mile
9-10	50 yds	2 miles	1/2 mile
11-12	75 yds	2 miles	1 mile
13-14	100 yds	2 miles	1-1/2 mile

Everyone is a winner!!

In dedication of Marty Epstein, a founder of this event. Marty wanted to Save the World with Bikes.

Check www.martyreliable.com for upcoming Tri Harder events:

Sponsored by Roxbury Recreation and Marty's Reliable Cycle, with support from Hillside Lutheran Brethren Church, the First Presbyterian Church of Succasunna and Cliff's Ice Cream... Thanks!

